

# 10° Trofeo Sisport - Nuovo programma gare

tempistiche di gara stimate sulla start list



## AGGIORNATO AL 04.05.23

Sabato pomeriggio	CATEGORIE						TIMELINE	Note
	Categ.	femmine	maschi	t	media			
		n°	n°		n°	t		
					0,0			
400 MX	ASS	21	24	06:00,0	45,0	0:36:00	14:30	
50 FA	Es.A	27	19	01:10,0	46,0	0:07:00	15:06	
	RAG	36	40	01:00,0	76,0	0:10:00	15:13	
	JUN	41	37	01:00,0	78,0	0:10:00	15:23	
	ASS	39	30	01:00,0	69,0	0:09:00	15:33	
200 RA	Es.A	20	12	03:40,0	32,0	0:14:40	15:42	
50 DO	Es.A	10	15	01:20,0	25,0	0:05:20	15:56	
	RAG	18+	26	01:10,0	26,0	0:04:40	16:02	
	JUN	18	13	01:10,0	31,0	0:04:40	16:06	
	ASS	20	22	01:10,0	42,0	0:07:00	16:11	
200 FA	Es.A	8	2	03:40,0	10,0	0:07:20	16:18	
50 RA	Es.A	18	14	01:20,0	32,0	0:05:20	16:25	
	RAG	18	24	01:00,0	42,0	0:06:00	16:31	
	JUN	20	17	01:00,0	37,0	0:05:00	16:37	
	ASS	22	24	01:00,0	46,0	0:06:00	16:42	
200 DO	Es.A	15	15	03:30,0	30,0	0:14:00	16:48	
50 SL	Es.A	46	40	01:10,0	86,0	0:12:50	17:02	
	RAG	76	90	01:00,0	166,0	0:21:00	17:14	
	JUN	46	36	01:00,0	82,0	0:11:00	17:35	
	ASS	40	28	01:00,0	68,0	0:09:00	17:46	
800 SL	ASS	16		10:00,0	16,0	0:20:00	17:55	
1500 SL	ASS		16	20:00,0	16,0	0:40:00	18:15	
							18:55	
<b>durata totale turno gara</b>						<b>4:25:50</b>		

Domenica mattina	Categor. femmine maschi t media						TIMELINE
		n°	n°	t	n°	t	
	Categ.						
200 SL	Es.A	35	49	03:20,0	84,0	0:36:40	08:15
	RAG	40	48	03:00,0	88,0	0:33:00	08:51
	JUN	24	20	03:00,0	44,0	0:18:00	09:24
	ASS	16	16	03:00,0	32,0	0:12:00	09:42
100 FA	Es.A	22	16	02:15,0	38,0	0:11:15	09:54
	RAG	45	58	02:00,0	103,0	0:26:00	10:05
	JUN	25	29	02:00,0	54,0	0:14:00	10:31
	ASS	35	28	02:00,0	63,0	0:16:00	10:45
200 DO	RAG	24	32	03:10,0	56,0	0:22:10	11:01
	JUN	16	7	03:10,0	23,0	0:09:30	11:24
	ASS	8	7	03:10,0	15,0	0:06:20	11:33
100 RA	Es.A	37	26	02:30,0	63,0	0:20:00	11:39
	RAG	55	55	02:10,0	110,0	0:30:20	11:59
	JUN	27	23	02:10,0	50,0	0:15:10	12:30
	ASS	29	23	02:10,0	52,0	0:15:10	12:45
200 MX	RAG	24	32	03:15,0	56,0	0:22:45	13:00
	JUN	16	16	03:15,0	32,0	0:13:00	13:23
	ASS	8	8	03:15,0	16,0	0:06:30	13:36
							13:42
durata totale turno gara						<b>5:27:50</b>	

Note

<b>Domenica pom.</b>	Categ.	femmine	maschi	t	media		TIMELINE
		n°	n°		n°	t	
200 MX	Es.A	39	29	03:40,0	68,0	0:33:00	14:45
400 SL	ASS	24	24	05:15,0	48,0	0:31:30	15:18
200 FA	RAG	17	29	03:15,0	46,0	0:19:30	15:49
	JUN	8	7	03:15,0	15,0	0:06:30	16:09
	ASS	8	7	03:15,0	15,0	0:06:30	16:15
100 DO	Es.A	31	27	02:10,0	58,0	0:17:20	16:22
	RAG	54	60	02:00,0	114,0	0:30:00	16:39
	JUN	29	23	02:00,0	52,0	0:14:00	17:09
	ASS	36	19	02:00,0	55,0	0:14:00	17:23
200 RA	RAG	24	29	03:15,0	53,0	0:22:45	17:37
	JUN	12	8	03:15,0	20,0	0:09:45	18:00
	ASS	8	8	03:15,0	16,0	0:06:30	18:09
100 SL	Es.A	52	49	02:00,0	101,0	0:26:00	18:16
	RAG	98	95	01:50,0	193,0	0:45:50	18:42
	JUN	55	38	01:50,0	93,0	0:22:00	19:28
	ASS	48	33	01:50,0	81,0	0:20:10	19:50
<b>4x 100 MX</b>	<b>Es.A</b>	<b>5</b>	<b>5</b>	<b>10:00,0</b>	<b>10,0</b>	<b>0:20:00</b>	<b>20:10</b>
							20:30
durata totale turno gara							<b>5:45:20</b>

Note